

Contacts

Dolgellau	Ruth Parry ruthaparry@hotmail.com	01341 450265 0777 400 2440
Llandrindod	Marion Phillips mike.phillips5@btinternet.com	01982 552728 01982 553294
Newtown St Giles	Debbie Jones hughanddeb@googlemail.com	01686 624965
Welshpool	Ann Newell ann.newell@yahoo.co.uk	01938 810571
Lakeside	Jo Lawson jolawson123@gmail.com	01686 668004 07949 413840
Borth	Jean Harrison jean.harrison@hotmail.co.uk	01970 828326
Builth	Sherrie Edwards sherrie.hughes@btinternet.com	01982 551910 0797 914 0445
Cradoc	Kathy Dobbs kathyadobbs@gmail.com	01873 831283 0776 231 4474
Team co-ordinator Glenys Williams	01874 690204.	
Llanidloes St Idloes	Cheryl Hamer chez52@live.co.uk	01686 412115
Brecon	Dorothy Whittle dorwhittle35@gmail.com	01874 623965
Aberdyfi	Val Taylor valtaylor26@yahoo.co.uk	01654 767203